

Dan Stein biography

Department of Psychiatry and Mental Health
University of Cape Town
Cape Town
South Africa

Dan J Stein is Professor and Chair of the Dept of Psychiatry and Mental Health at the University of Cape Town, Director of the Medical Research Council (MRC) Unit on Anxiety Disorders, and Visiting Professor of Psychiatry at Mt. Sinai Medical School in New York.

Prof Stein did his undergraduate and medical degrees at the University of Cape Town, and his doctorate (in the area of clinical neuroscience) at the University of Stellenbosch. He trained in psychiatry, and completed a post-doctoral fellowship (in the area of psychopharmacology) at Columbia University. His training also includes a doctorate in philosophy.

Prof Stein's research focuses on the psychobiology and management of the anxiety disorders, including obsessive-compulsive disorder, posttraumatic stress disorder, and social anxiety disorder. His work ranges from basic neuroscience all the way through to epidemiological and cross-cultural research. He is particularly enthusiastic about the possibility of clinical practice and scientific research that integrates theoretical concepts and empirical data across these different levels.

Prof Stein's work has been continuously funded by extramural grants for close to 20 years. He has authored or edited over 25 volumes, including "Cognitive-Affective Neuroscience of Mood and Anxiety Disorders", and "The Philosophy of Psychopharmacology: Smart Pills, Happy Pills, Pep Pills". He has contributed to many articles and chapters. He is a recipient of CINP's Max Hamilton Memorial Award for his contribution to psychopharmacology.