

Short CV

Prof. Dr. Susan Bögels is a clinical psychologist and psychotherapist, specialized in Cognitive Behaviour Therapy for children and their families. She works as professor in developmental psychopathology at the University of Amsterdam and is the director of UvA-Virenze, an academic treatment clinic for parents and children in Amsterdam. Her main research theme is the intergenerational transmission of anxiety disorders, and particularly the role of the father. Mindful parenting is another area of recent research interest. She has received several grants for RCTs on prevention and treatment programs for childhood anxiety disorders, and for implementation of these programs, as well as for fundamental research into the etiology of social anxiety disorder. She is a member of the workgroup anxiety disorders of the American Psychiatric Association preparing the DSM-V.